

## **A Study on the Actual Situation of Make-up, Cosmetics and Personal Appearance of Hospital Nurse**

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The purpose of this study is to make clear the effectiveness to self-consciousness of hospital nurses concerning the use of cosmetics on themselves. The study consists of 5 parts as follows; In part 1, 269 hospital nurses were asked about their habit to make-up and self-consciousness to it by questionnaire. In part 2, 234 hospital nurses who are employed in three hospitals in different area were asked same questions as part 1. In part 3, 67 nursing school teachers and bedside nurse leaders were asked same questions as part 1 and effectiveness to patients about make-up of nurse moreover. In part 4, 60 patients belong in a hospital were asked their impressions about make-up of nurses by interview and questionnaire. In part 5, 99 nursing school teachers and bedside nurse leaders were asked how the make-up on them affect to their feelings by questionnaire. The results are as follows:

1. There are 85% nurses who use cosmetics on their working hours, but it makes a some differences about both area of hospital and their age. Some nurses of a hospital in thirties and forties have no time of their make-up for they are compatible with an employment and a home life.
2. Many nurses answer in the affirmative about their make-up in working hours. They say that to make-up themselves increase tensible force and make positive attitude them in working hours.
3. Many patients also answer in the affirmative about make-up of nurse. As desirable image for make-up of nurse many patients point out such as "clean and fresh" "healthy and cheerful" "mild and grace" as the feelings of nurse.